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# Peninsula Home Hospice NEWS

(PHH) June 2023

## Red Hill Op Shop

The Red Hill Op Shop are wonderful supporters of ours and we are their main beneficiaries. So when you donate items to them it's another way of supporting us!

33 Mechanics Road, Red Hill  
Check for opening hours

**DONATE NOW**

[peninsulahospice.com.au](https://peninsulahospice.com.au)

or call  
(03) 5973 2400 to make a credit card  
donation over the phone

## Update from Janet (CEO)



Janet Phillips (CEO)

Peninsula Home Hospice has developed a new five-year Strategic Plan which will give PHH a clear direction for the next five years.

As part of developing our new strategic plan, we also revisited our core values to ensure they align with where we are heading.

The staff at PHH spent a day reflecting and creating what ties us together as an organisation and this resulted in our new core values.

Our new Core Values: Integrity, Collaboration, Respect, Innovation and Empowerment.

A very important partnership is with our local community, and we are in the process of developing a community booklet that talks about living and dying well, that will assist our community in understanding the work of

Peninsula Home Hospice. It will be quite unique and has beautiful artwork created by a local artist, Janine Daddo. Janine has been incredibly generous in contributing to this important booklet which will help demystify community palliative care.

A new partnership with Monash University has been developing over the past six months. Monash University has generously given PHH access to their library for the latest research journals to keep PHH staff up to date with current evidence-based practice. We are also a member of the Monash University End of Life Research Special Interest Group and will be collaborating on various research projects, which is very exciting!

PHH is very pleased to announce a new project that will see us partner with our local Residential Aged Care Facilities. The State Government has provided funding for PHH to develop an Aged Care Team that will include a Specialist Palliative Care Medical Consultant, Aged care Clinical Nurse Consultant and an Aged Care Counsellor Case Worker. We will be welcoming back Dr Lizzy Gascoigne to PHH for this project.

# Residential Aged Care Project

PHH has embarked on a pilot project with two residential aged care facilities (RACF) to support them to address unmet needs for residents with palliative care issues. This has been an ongoing challenge for all RACFs as highlighted in The Royal Commission into Aged Care 2021.

The project aims to empower RACF staff to identify palliative residents and plan their care, with their needs, wishes and values in the forefront of that planning.

The overarching principle is that the project engages all RACF staff and family who interact with residents, to be able to notice changes and then notify the nurse in charge. This takes place through the “Stop and Watch” tool and training.

Once palliative residents are identified, RACF staff and PHH staff (made up of Nurses, counsellors, and a medical physician) collaborate in the “Palliative Care Needs rounds” This is an opportunity where each resident is discussed, needs identified and plans for care developed. This includes taking into account what the residents wishes are, who their appointed decision makers are (if appropriate), what their needs are regarding symptoms, including their emotional and social wellbeing.

PHH staff then empower, mentor and support RACF staff to meet those palliative care needs of the resident with dignity and in their home which is the facility.

What we know from research is that “Stop and Watch” and “Palliative Care Needs Rounds” have supported residents to have fewer hospital admissions and have a better quality of dying. For RACF staff it has been shown to help staff feel more capable and confident in their care of the resident. This can only be positive for all involved.

We are currently in the planning stage and the actual project will start in July 2023.



Find us on  
**Facebook**

Please “like” our Facebook page to show your support

## Client Care Volunteers

Our client care volunteers continue to make a significant impact on the lives of our clients and their families. We often receive feedback expressing gratitude for the time and the care they freely give. Whether it is taking someone out for a drive for a couple of hours and sharing a thermos of tea and a muffin in the carpark at the beach, or visiting someone who is living alone, volunteers are often reported to be the highlight of our client’s week.

When not directly visiting clients, some of our volunteers assist around the office or help to beautify our garden.

We very much appreciate and thank our volunteers for their time, skill, care and compassion.



Our volunteer gardening group with Wendy Fox and Kerri-Ann Blackwell



Client Care Volunteers Celebrating Volunteer Week 2023

# Community Engagement and Fundraising

We have had a wonderful start to 2023 engaging with a variety of different groups through events and promotion to build awareness of Peninsula Home Hospice and Palliative Care in the home.

The Mornington Auxiliary held their planning day at our office in January and set up working groups for events for the year. The first of these was in March with a Movie Morning at Village Cinemas, Karingal with the screening of "Living" attracting many of our loyal as well as new supporters.

We kicked off promotion of the Unframed- Art 2023 at Mornington Art Show in January, a Mornington Rotary Club initiative. Throughout February and March we were busy with pop up stalls in shopping precincts, holding radio interviews with 3RPP and promotion via local newspapers and social media. This supported our goal to build awareness of the event and PHH. The Unframed-Art Online Art Auction was a great success with tensions running high as the bidding came to a close on March 27. Special thanks to our supporters, in particular artists who donated the work, the successful bidders and the PHH Fundraising committee for the countless hours they dedicated towards the event which raised almost \$9000 for overnight nursing care for our clients and their families.

The Yarrowonga-Mulwala Charity Golf event planning has also been ramping up since the start of the year thanks to our hardworking organisers and by the time we release this, those attending will be in full swing (pardon the pun!) enjoying themselves. More on this next edition.

We continue to be grateful to Red Hill Op Shop and their supporters who had a bumper summer and the fruits of their labour meant some generous donations in the first quarter of the year. Thank you all. Our clients, staff and supporters value the relationship between the two organisations.

Public speaking engagements continue to be on our agenda for 2023. In April, we were fortunate to speak to the attendees of the Mornington Auxiliary Rosebud Country Club luncheon and Nepean Chapter No. 143 of the Order of the Eastern Star. We are grateful for every opportunity to share more about our service and this awareness creates a greater understanding of Specialist Community Palliative Care in the home. Thank you to our donors, fundraising ambassadors and groups and organisations that continue to support us in the work that we do.



ME Bank sponsors with Annie Dunlop and guest speaker Jane Clifton at Mornington Auxiliary Fundraising Luncheon



Bronwyn Braden our Community Engagement Officer and Rachael Singleton Radio interview 3RPP



Janet Phillips and Bronwyn Braden with Unframed-Art paintings



Annie Dunlop Mornington Auxiliary president at movie event - Living



Red Hill Op Shop volunteers, Tina, Mary and Kerry



Mornington Auxiliary Fundraising Luncheon

# Different Ways to Support PHH

## DONATE NOW

[www.peninsulahospice.com.au](http://www.peninsulahospice.com.au)

**Donations over \$2 are tax deductible**

### Once off Donation

A stand alone donation

### Pledge Donation

A regular donation made weekly, fortnightly, monthly, quarterly or yearly

### In Lieu of Donation

Instead of a gift for a birthday, anniversary, or Christmas, make a donation to PHH

### In Memory Donation

A donation made in memory of a loved one that has passed away

### Bequest

A donation left in a will, it can be money, shares, property or any other valuable item

## Upcoming Events 2023

**Sunday 28 May - June 1** - Yarrowonga-Mulwala Golf Charity event

**Friday 15 September** - Mornington Auxiliary High Tea @ Mornington Bowls Club

**Monday 2 October** - The Tom Pickford Charity Golf Day @ Frankston Golf Club

**Wednesday 22 November** - Beleura House Luncheon

Contact [fundraising@peninsulahospice.com.au](mailto:fundraising@peninsulahospice.com.au) for more information



With a Community Benefits Card you can donate to our organisation.

Find out how we celebrated Palliative Care week



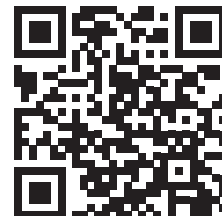
Matters of  life and death

## Donations

over \$2 are tax deductible



[www.peninsulahospice.com.au](http://www.peninsulahospice.com.au)  
Website



### Peninsula Home Hospice

327 Main Street  
Mornington 3931  
Phone (03) 5973 2400  
[admin@peninsulahospice.com.au](mailto:admin@peninsulahospice.com.au)  
[peninsulahospice.com.au](http://peninsulahospice.com.au)



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