

# Peninsula Home Hospice NEWS

(PHH) December 2020



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## Welcome to our new CEO

I am thrilled to be joining the Peninsula Home Hospice team, who I know are highly respected and part of a service that is renowned for its strong community engagement.

A little about me – I have over 35 years experience in the health sector in senior management roles and I have always been drawn to community palliative care.

My first experience in palliative care was working as a community clinical nurse consultant for 10 years. This has given me a true understanding of what happens at the coalface that has enabled me to authentically lead and support staff as I have moved into more senior roles including manager of a community palliative care service at Melbourne City Mission.

I am a passionate advocate for palliative care service delivery that ensures quality and accessible services to people with a life limiting illness.

I will bring my keen interest in research and collaborating on innovative projects to ensure Peninsula Home Hospice continues to operate as an outstanding service and recognised as a leader across the palliative care and health sectors.

I would like to acknowledge the strong leadership of Rachel Bovenizer as CEO of Peninsula Home Hospice. Rachel has achieved so much and has enabled the service to flourish by consistently providing the highest quality of care over many years.

This will be a sea change for my family and myself with plans in place to relocate to the Mornington area in 2021. I look forward to meeting you all.



PHH CEO - Janet Phillips

# COVID-19 Update

As COVID-19 restrictions in Victoria start to ease, we would like to once again update you on how Peninsula Home Hospice (PHH) is continuing to provide support to clients and carers.

The PHH management team continue our weekly meetings to ensure that we are constantly monitoring any changes in restrictions and taking action in relation to the needs of our clients, carers, staff and volunteers. Our current approach is as follows:

- PHH has a COVID-Safe plan in place and we will continue to maintain current levels of vigilance with regard to risks associated with COVID-19 to ensure the ongoing safety of staff, volunteers and clients.
- Visits and support to people in their own homes continue with staff and volunteers screening themselves and clients for any signs, symptoms or risks associated with COVID-19.
- Where necessary or requested by clients, PHH clinical staff can provide support and advice through telehealth and phone consultations, however visits to the client are now our primary mode of contact.

- PHH staff will use full PPE (Personal Protective Equipment) if there is an identified COVID-19 risk and we continue to have a PPE 'buddy/spotter' system in place to support staff in their use of PPE if it is required.

We are very aware that as people start to move about in the community, it's important to maintain strict safety and hygiene practices so that we minimise any likelihood of COVID-19 outbreaks.

PHH is thankful for the support of our community during this challenging year. We hope that you all stay safe and well.

## The value of teamwork

In September PHH implemented a 'buddy' system to improve staff safety as they put on and took off personal protective equipment (PPE) after visiting clients. Volunteers were trained to offer support to clinical staff to ensure that the correct procedures were followed and PPE was disposed of safely. The co-ordination of requests from staff for a PPE buddy was organised through the volunteers office and worked smoothly. Staff expressed appreciation for having a volunteer buddy meet them after visits to support this important process.

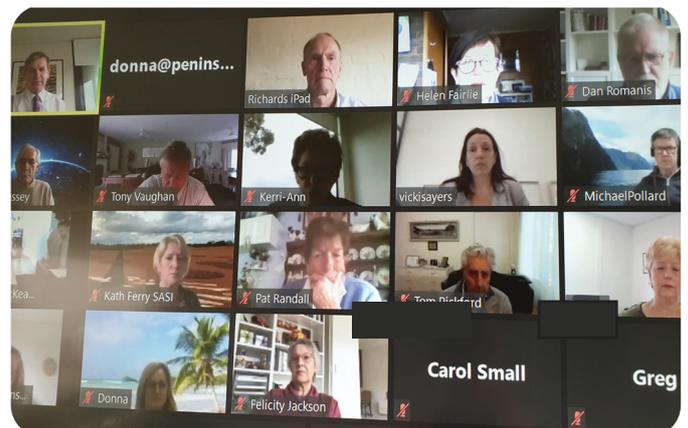
## A very different AGM this year

On Monday 19 October 2020 we held our AGM which looked and felt very different to anything we have done before. Our AGM is usually a time for us to get together, celebrate the organisation's achievements, and more importantly recognise the amazing support of our community. It is a time for reconnection and a sharing of stories, it is a time to learn about how we support our clients, a time to learn more about our dedicated staff, it is a time for cups of tea and yummy cakes!

2020 has seen so many changes and this year our AGM was held online with only PHH Members invited. We did miss seeing everyone in person but the meeting ran smoothly and we appreciated those that were able to connect electronically. Our achievements for the year shone bright (see our Annual Report for more

information) and all attendees commented that even though it was very different the culture of the organisation and achievements for the year were very evident.

We look forward to 2021 when we once again will be able to be together to celebrate the work of Peninsula Home Hospice.



# Our Fundraising Community

The last six months have certainly created unique circumstances that have proved challenging in the world of fundraising. Face-to-face events are still some time away but may be possible in the second quarter of 2021. On the other hand, we have learned some new skills as we dipped our toes in the water of on-line events. Our first experimental trial was Oaks Day Brunch hampers – restricted to certain postcode areas. This proved enough of a success to encourage us to plan a sponsored walk/run for our service during the month of February 2021. Our supporters can register to participate and then record their progress whilst being sponsored by their friends and families with PHH the beneficiary whilst you all get fit. In the meantime, our Fundraising Committee have been brainstorming various ideas to improve our situation including on-line auctions and on-line everything!

Our Mornington Auxiliary have been busy planning their events for 2021 and are optimistic that their light lunch will proceed

## Mornington Safe Link

Graeme originally came up with the idea for a safe walking, riding track that connects the Mornington Tourist Railway in Moorooduc to the Civic Reserve Recreation Centre in Mornington when he was a member of our Sunrise Group. Some of you may have seen the two-part interview that was on our Facebook page.

For Graeme this project has provided him with a clear focus on a community project that has helped his transition through grief. The project when finished will provide immense personal satisfaction that a trail his wife enjoyed walking along has been transformed allowing all members of our community to enjoy the natural beauty.

Our Sunrise Group meet every month. It is offered to spouses who have experienced the death of a partner. It is a part of our 18-month bereavement program. PHH supports the Safelink project.

[Click Here](#)  
for more information

in March with other events such as the Yarrawonga Golf event in June proceeding as planned – fingers crossed! The Red Hill Auxiliary (Caring Caterers) are still hoping their Christmas Stall in Balnarring can go ahead in December. Meg Merton from the Westernport Auxiliary has kept us well supplied with jams and pickles throughout lockdown, which has kept our staff happy and raised some funds as well.

The Red Hill Op Shop has been accumulating new stock from all those supporters who have been decluttering during lockdown and are preparing to open as soon as they safely can. Keep an eye on their Facebook page and our Facebook page for breaking news as to their plans.

Please read the back page of this newsletter to find out different ways in which you can make a difference by supporting PHH.



Erica and Ray dressed up for their Oaks Day Brunch hamper



 Find us on  
**Facebook**

Please “like” our Facebook page to show your support

With a Community Benefits Card you can donate to our organisation.



You can download the Ritchies App and complete the registration process and don't forget to select PHH as your not for profit organisation to support.

<https://www.ritchies.com.au/loyalty>



## Different ways to donate

**Once off Donation** – A stand alone donation.

**Pledge Donation** – A regular donation made weekly, fortnightly, monthly, quarterly or yearly.

**In Lieu of Donation** – Instead of a gift for a birthday, anniversary, or Christmas, make a donation to PHH

**In Memory donation** – a donation made in memory of a loved one that who passed away

**Bequest** – A donation left in a will, it can be money, shares, property or any other valuable item.

**In Kind** – donated items that we can sell, use or auction.

## Donations

over \$2 are tax deductible



### Some of the things that your donation goes towards are:

- Providing art supplies to our Art Therapy clients
- Free loan of instruments and recording equipment for Music Therapy
- Helping provide support services for the home until council services are established

WORRYING WON'T STOP  
THE BAD STUFF FROM HAPPENING  
IT JUST STOPS YOU  
FROM ENJOYING THE GOOD.



Palliative care in your home

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